



**Dr Elena Nikiphorou** MBBS/BSc, MD (Res) FRCP PGCME FHEA

*Consultant Rheumatologist  
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Dr Elena Nikiphorou (MBBS/BSc, MD (Res), FRCP, PGCME, FHEA) is a Consultant Rheumatologist at Kings' College Hospital and Adjunct Senior Lecturer at Kings College London (KCL). She has a clinical and academic interest in inflammatory arthritis, comorbidities and long-term outcomes of disease. She also has a keen interest in medical education with relevant qualifications.

At international level, she is involved in educational activities in Europe as part of the European Alliance of Associations for Rheumatology (EULAR) including the development of a pan-European portfolio for rheumatology trainees and the creation (first author) of the very first online EULAR educational module on nutrition in rheumatic and musculoskeletal diseases (RMDs).

She has been the recipient of multiple awards, bursaries and competitive roles, including the Richard Kovacs prize by the Royal Society of Medicine in 2014, which supported a fellowship in Chicago and the Doris Hillier Award by the British Medical Association in 2018, to support her work on multimorbidity in rheumatoid arthritis and the development of management algorithms tailored to individual need. Outside the UK, she has been the recipient of several international bursaries and awards, including a EULAR-funded educational training fellowship in Finland; an Assessment of SpondyloArthritis international Society (ASAS) award in collaboration with Leiden University, The Netherlands; and a FOREUM Early Career Research grant (2021). She is a trained EULAR methodologist and has participated in multiple EULAR task forces for the development of recommendations, including as a co-convenor (and first author) of the EULAR recommendations on the implementation of self-management strategies in inflammatory arthritis.